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things to do on maternity leave in York

- 1. Go for afternoon tea 
- 2. Baby hand and foot prints 
- 3. Visit the Museum Gardens
- 4. Everyman Cinema Baby Club
- 5. Picnic at Homestead Park
- 6. Stroll down the river Ouse
- 7. Join a baby music group
- 8. Enjoy brunch with friends
- 9. Visit the Railway Museum
- 10. Have some professional photographs of your baby taken 
- 11. Take a walk around the city walls
- 12. Treat yourself to a new outfit
- 13. Baby's first swing!
- 14. Grab a picnic from Shambles Market 
- 15. Shop in a plastic free grocery store
- 16. Go for lunch with the grandparents
- 17. Baby Massage Class
- 18. Try a fitness class with your baby
- 19. Feed the ducks
- 20. Test out some cloth nappies with York NCT Nappy Library 
- 21. Make a photo book
- 22. Visit the boardwalk at Askham Bog 
- 23. Try baby yoga
- 24. Shop local with York Indie Map
- 25. Baby's first meal out!
- 26. Visit a library and take out some books to read together 
- 27. Treat yourself to a massage 
- 28. Make new friends at a baby coffee morning
- 29. Baby's first hair cut!
- 30. Plant a tree for your baby 
- 31. Visit York Minster
- 32. Take a walk around moorlands
- 33. Host a messy play party
- 34. Enjoy a locally made ice cream
- 35. Try a Baby Sensory Class 
- 36. Baby's first trip to see Santa!
- 37. Alfresco nappy change in the park
- 38. Visit the Yorkshire coast 
- 39. Go on a mum's only night out
- 40. Babies first swim!
- 41. Visit a local Food & Drink market 
- 42. Complete the York Cat trail
- 43. Go fruit picking
- 44. Visit York Art Gallery 
- 45. Get in touch with old friends
- 46. Go and see some animals 
- 47. Take a stroll around Rowntree Park
- 48. Take a trip to York Sling Library
- 49. Visit Creepy Crawlies baby zone
- 50. Spend some quality time together and go on a date night! 